

Law of Forgiveness for myself and all mankind for all mistakes, misqualified energy, human consciousness and for straying from the light."

One can call forth the Violet Flame something like this: "Magic I AM Presence, blaze through and around me the Transmuting Violet Flame, Thy Sacred Fire. Purify and transmute now all impure desires, hard feelings, wrong concepts, imperfect etheric records, causes, cores, effects and memories, known or hidden. Keep this flame sustained and all-powerfully active. Replace all by pure substance, power of accomplishment and the divine plan fulfilled."

You can repeat the call several times (three or seven) in succession, at least in the beginning, as it helps to anchor and make it real in your consciousness. Meanwhile, picture—(mentally see it), like a soothing flame, violet or purple in color, penetrating your very being and world, right up through your body, going between the cells that make up your body, organs, bones and all. The physical body is not completely solid as it seems. It is a small universe (microcosm) in itself, there being space between the cells.

Visualize a flame as you might see it in a fireplace but see it violet or purple in color. Some have gotten good results by turning on and lighting a gas jet, then watching the flame until they got the feeling and inner action of it. It is to get the *feeling* of it that really brings results. It does not cause a burning sensation but gives a joyous, comforting feeling, relaxes and makes you feel lighter. You can qualify it to be warm, or in over-warm

weather you can qualify it to be cool. Hold that visualization for fifteen minutes or as long as you can comfortably do so, or have time for it.

The use of the Violet Flame will not harm anyone; but it can and will transmute distress, irritation, anger, lack and limitations, bad habits and disease. It will give you a freedom never experienced before.

You can make the following call, to Beings Who have offered Their assistance since the students were not handling conditions sufficiently: "Beloved Lord Gautama, Archangel Michael and Ascended Master Jesus, charge into this Violet Flame Your purifying dissolving power of Divine Love, in its most powerful dynamic activity."

In the use of the Violet Flame there is naturally left in the place of what was transmuted some pure substance, but we need to call forth more of the perfect qualities. Therefore, after using the purifying action it is well to call forth or charge your world with constructive qualities that you require or desire. You can simply say: "My Magic I AM Presence charge me with perfect health, joy, happiness, illumination, love, wisdom, power, abundant supply, with Ascended Jesus Christ Consciousness."—or whatever you may require.

Use the Transmuting Violet Flame with great intensity. Call for It as if your very life depended upon It.

To control the feelings—when you feel anything not of happiness at the solar plexus, feel the Violet Flame flash up quickly and come out at the heart as a golden flame; and blaze it through the other person or condition which is the cause of distress. If it is a mental thing that bothers