

senses.) Distress and disease are results of causes set up on the inner. They are conditions in the mental and emotional bodies caused by wrong thought and feeling. Therefore, for a permanent cure one must remove the cause, instead of just treating the effect. This can be done through the use of the Sacred Fire, particularly the Transmuting Violet Flame which will dissolve the human creation. By Its use one can alleviate suffering and furthermore, prevent it. Suffering is a purging, an action of the fire element in the physical body, caused by previously created discord (karma). With *enough* use of the Transmuting Flame the cause of suffering which is in the mental and feeling worlds can be transmuted and balanced before it outpictures in the physical and is experienced in suffering. Disease is energy heavily charged with discord. And it may take very intense action of the Violet Flame to completely transmute it.

Now through the teachings of the Ascended Masters, particularly the One known as Saint Germain, the use of the transmuting fire has been given to mankind. It is also known as the Violet Flame, being violet or purple in color according to its intensity, and is one action of the Sacred Fire.

The Violet Flame is radiance from the Freedom Flame; It is the consuming, transmuting activity. It has the power to transmute and redeem all that is not perfect.

By the use of the Transmuting Violet Flame, forces that are acting to prevent one's success, can be removed. It will dissolve appearances, and the accumulation of the

ages. What causes limitation? It is this accumulation around the human form. Tragedies occur because one has not used the Violet Flame earnestly enough. They are caused by past momentum of things in your stream of life.

To use the Transmuting Violet Flame daily is most imperative. As the attention goes to the Presence more and more of the accumulated misqualified energy of the past will come forth for redemption. Be grateful for its coming forth, so it can be redeemed. Then it will not come into action in an unguarded moment and cause distress or an accident. You will feel a lightness—a lack of the former pressure. Do not fear it, but call to the Christ Self to draw it forth into the Transmuting Flame and command it be completely transmuted, cause, core, record, effect and memory.

As you call for the Violet Flame a ray comes from the hands, heart or head of the Presence or the Christ Self (Higher Mental Body) and as it touches the surface beneath your feet it bursts into a flame. Also there is the potential Violet Flame in the Flame of the heart and in the points of light in every cell, but it is latent. It can however be activated at any time by calling the Presence into action. There are three actions of the Violet Flame: it blazes up, in and around us; it is in the points of light in every cell; and there is the action of the Cosmic Light.

It is well to call on the Law of Forgiveness just before calling for the Violet Flame. By calling for the many, we release greater forgiveness for ourselves. We can say: "Beloved Magic I AM Presence, I call on (or I AM) the